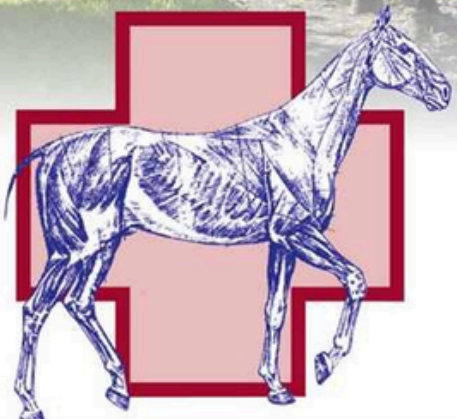


# PROSPECTUS

FUNDAMENTAL EQUINE PRACTICES (FEP)  
12 Month Course



# BSET ACADEMY

Home of ETT™ and SUMCHI Technique

Est. 2008

A priceless, practical experience in a real-life working environment.



## BSET 2 FEP

# 1 YEAR COURSE: FUNDAMENTAL EQUINE PRACTICES (FEP)

Would you like to work with horses or be more confident with horses? BSET Academy have developed the perfect, affordable course, either to compliment our current knowledge and experience, or to provide a foundation for further studies. BSET Academy is located on a working farm and rehabilitation centre in the KZN Midlands, and this full-time 1 - year course is the ULTIMATE gap year program for the equine enthusiast, to enhance your horsemanship, riding, and equine behavioural and well-being understanding. Bring your own horse or build a bond with one of our horses during your studies.

### **Course Structure:**

Students graduating from the BSET FEP course will have certificates in SUMCHI Technique Levels 1 and 2, CATHSSETA Equine Practise including some business skills, EQASA Level 1, 2 and 3 and EKWOS Natural Horsemanship 1 and 2. These certifications will empower you as an equestrian. In addition, you will have riding lessons with a focus on developing an independent seat and balance, not only to improve your riding but to improve the horse at the same time.

**COURSE OUTLINE**  
**BSET 2 - 1 YEAR COURSE: FUNDAMENTAL EQUINE PRACTICES (FEP)**  
**The Ultimate Gap Year Experience**

EQASA, CATHSSETA, SUMCHI, EKWOS, RIDING PROFICIENCY, INTRODUCTION TO BUSINESS and so many MORE WORKPLACE SKILLS  
 Program Specification\* Certification (CATHSSETA 71469; EQASA 1 - 3; SUMCHI 1 - 2; EKWOS 1 - 2)

\*Disclaimer: Timelines, dates, content, and sequence of course material is subject to change.

Trimester 1	Trimester 2	Trimester 3	Trainer
<b>January - April</b>	<b>April - August</b>	<b>August - December</b>	
EQASA 1 <ul style="list-style-type: none"> <li>• Tack 1</li> <li>• Grooming</li> <li>• Boots and blankets</li> <li>• Stable management</li> <li>• Physiology</li> <li>• Introduction to Anatomy</li> </ul>	EQASA 2 <ul style="list-style-type: none"> <li>• Tack 2</li> <li>• Physiology 2</li> <li>• Grooming and turnout</li> <li>• Tavel and trucking</li> <li>• Lunging</li> <li>• Stable management 2</li> <li>• Introduction to Anatomy</li> </ul>	EQASA 3 <ul style="list-style-type: none"> <li>• Equine systems</li> <li>• Conformation</li> <li>• Equine dentition</li> <li>• Business</li> <li>• Investigation lameness</li> <li>• Equine hoof and shoeing</li> <li>• Introduction to Anatomy</li> </ul>	Robyn
<b>EQUINE STUDIES</b> <b>CATHSSETA Module 6</b> <ul style="list-style-type: none"> <li>• Evaluate the welfare of a horse</li> <li>• Apply remedial behavior techniques</li> <li>• Establish and maintain grazing</li> <li>• Manage equine ration formulation and feeding</li> <li>• Suitability of horse breeds for designated purposes</li> <li>• Equine reproduction and gestation</li> </ul>	<b>CATHSSETA Module 5</b> <ul style="list-style-type: none"> <li>• Understand equine conformation</li> <li>• Assess conformation and movement of a horse</li> <li>• Analyze Equine biomechanics</li> <li>• Unsoundness conditions</li> </ul>	<b>CATHSSETA Module 4</b> <ul style="list-style-type: none"> <li>• First Aid</li> </ul> <b>CATHSSETA Module 7</b> (Introduction to business) <ul style="list-style-type: none"> <li>• Supervise a work unit</li> <li>• Manage time productively</li> <li>• Manage expenditure against a budget</li> </ul>	Robyn
<b>CATHSSETA FUNDAMENTALS - RPL</b> <ul style="list-style-type: none"> <li>• Verbal Communication</li> <li>• Written Communication</li> <li>• Numeracy</li> </ul>	<b>CATHSSETA FUNDAMENTALS - RPL</b> <ul style="list-style-type: none"> <li>• Verbal Communication</li> <li>• Written Communication</li> <li>• Numeracy</li> </ul>	<b>CATHSSETA FUNDAMENTALS - RPL</b> <ul style="list-style-type: none"> <li>• Verbal Communication</li> <li>• Written Communication</li> <li>• Numeracy</li> </ul>	Robyn
<b>Equine Dissection (Organ systems)</b>	<b>Equine Dissection (Musculoskeletal system)</b>		Robyn
Riding Proficiency	Riding Proficiency	Rehabilitation riding and exercise	Robyn

EKWOS Module 1 Horsemanship Training and Development	EKWOS Module 2 Horsemanship Training and Development	EKWOS Module 2 continued Horsemanship Training and Development	Mandy
<ul style="list-style-type: none"> <li>• Environment</li> <li>• Character Analysis</li> <li>• Horse versus human</li> <li>• Communication</li> <li>• Tools and equipment</li> <li>• Handling</li> </ul>	<ul style="list-style-type: none"> <li>• Pressure</li> <li>• Observations</li> <li>• Patterns</li> <li>• Leadership</li> <li>• Behavior</li> <li>• Remedial techniques</li> </ul>	<ul style="list-style-type: none"> <li>• Pressure</li> <li>• Observation</li> <li>• Patterns</li> <li>• Leadership</li> <li>• Behavior</li> <li>• Remedial techniques</li> </ul>	
BSET Bodywork and Stretching Introduction	BSET Bodywork and Stretching Continued	BSET Bodywork and Stretching Continued	Robyn TBC
<ul style="list-style-type: none"> <li>• Massage techniques</li> <li>• Assessment and palpation</li> <li>• Treatment techniques</li> <li>• Interpretation</li> <li>• Range of Motion Exercises</li> <li>• Stretching</li> </ul>	<ul style="list-style-type: none"> <li>• Massage techniques</li> <li>• Assessment and palpation</li> <li>• Treatment techniques</li> <li>• Interpretation</li> <li>• Range of Motion Exercises</li> <li>• Stretching</li> </ul>	<ul style="list-style-type: none"> <li>• Massage techniques</li> <li>• Assessment and palpation</li> <li>• Treatment techniques</li> <li>• Interpretation</li> <li>• Range of Motion Exercises</li> <li>• Stretching</li> </ul>	
SUMCHI Level 1	SUMCHI Level 2		Beth TBC
<ul style="list-style-type: none"> <li>• HALFMOON</li> <li>• FAN</li> <li>• BUTTERFLY</li> <li>• FROGGY</li> <li>• TEAR DROP</li> <li>• DOUBLE SEVEN</li> </ul>	<ul style="list-style-type: none"> <li>• ZEBRA</li> <li>• db</li> <li>• INFINITY LOOP</li> <li>• SCOOP LOOP</li> <li>• SKI SLOPE</li> <li>• BIRDIE</li> <li>• TRIPLE SEVEN</li> </ul>		
<b>FORMATIVE ASSESSEMENT</b>			
Formative tests and Assessments	Formative tests and Assessments	Formative tests and Assessments	Robyn
<b>SUMMATIVE ASSESSMENT</b>			
EQASA 1	EQASA 2	EQASA 3	Robyn
	EKWOS Module 1	EKWOS Module 2	Mandy
		CATHSSETA 71469	
<b>CERTIFICATES</b>			
		CATHSSETA Equine Practices 71469	Robyn
		EQASA 1,2 and 3	Mandy
		EKWOS 1 and 2	Beth
		SUMCHI 1 and 2	

# Understanding the components of the course:



**EQASA (Equestrian Qualifications Authority of Southern Africa):** EQASA is the examining body for programmes which focus on various aspects of horse care, riding and competition. These programmes include learning about stable management, horse handling, grooming, riding techniques and instruction. EQASA aims to ensure the individuals working or competing in the equestrian industry meet specific standards of competence, safety, and professionalism. EQASA is a member of the International Group for Equestrian Qualifications (IGEQ).



**CATHSSETA (Culture, Arts, Tourism, Hospitality, and Sport Sector Education and Training Authority):** CATHSSETA plays a vital role in skills development and training, ensuring that individuals receive proper education and certification in their respective industries. The courses contribute to enhancing professional competence, safety standards, and overall quality within the equestrian field. There is also a foundation laid for business management, planning, and budgeting in year 1.



**Riding:** The riding instruction is aimed at developing skills to improve the equine athlete. Students are paired with horses that are schooled to their level of competence, and these may change with each trimester, as the students' progress and start to develop and refine their riding skills.

**EKWOS (Natural Horsemanship):** Students work with a project horse to cover the EKWOS modules. EKWOS provides a comprehensive practical foundation to understanding equine behaviour and communication between horse and human. Modules cover theory, groundwork exercises, remedial loading, young horse starting and foundation riding skills.



**Bodywork:** Equine Bodywork refers to a range of manual therapies and techniques aimed at promoting wellness and addressing musculoskeletal issues in horses. It involves hands-on techniques such as massage, stretching, myofascial release, and joint mobilization, aiming to improve the horse's overall comfort, mobility and performance.



**SUMCHI Technique:** SUMCHI is a revolutionary massage technique for the equine. SUMCHI Technique utilizes the custom made Sumchi6 magnetic massager, applicable strokes, and stroke routines for the equine enthusiast to improve their horse's wellbeing and performance.



# Meet the BSET Academy educators



## **BETH SHAW - Founder and Owner of BSET Academy**

Beth Shaw, having worked alongside the renowned equine and athletic physiotherapist Winks Greene for many years, is an active ETT<sup>™</sup> Practitioner and co-founder of the SUMCHI Technique. With practices now in Hong Kong and South Africa, Beth's vision to set up an equine training and healing facility came to fruition in 2008 when she established BSET Academy. With a competent team of staff behind her, this allows her to work at ETT International in Hong Kong, which exposes Beth to the highest level of international horse racing on a daily basis. Beth visits BSET Academy twice a year and connects with BSET students via online lectures and chat groups. Beth finds great value in sharing her work, inspiring and motivating students, as well as creating learning opportunities to improve horse well-being and performance.



## **ROBYN BUTTERWORTH - BSET Academy Principal, Academic Facilitator and Riding Instructor.**

Robyn joined BSET Academy in 2013 and is the Principal and passionate driving force behind the students. She is an International Level 1 Riding Instructor and EQASA Examiner, as well as a registered Assessor with CATHSSETA. Robyn studied Equine Bodywork in the USA and spent 4 years working in Europe in the equine industry, ranging from racing to driving and polo. Returning to South Africa, Robyn discovered her love for dressage. The control and concentration required by the horses to perform the movement and the hard work and dedication to achieve this, is where her passion lies. Robyn also runs the Equine Rehabilitation Centre and ensures that BSET Academy delivers a top class, well-rounded learning experience for the students, that is ever evolving.



## **BIRGIT SCHRODER - ETT<sup>™</sup> Instructor**

Birgit graduated from BSET Academy in 2012 and then stayed on to join the staff in 2013, initially as the Stable Yard Manager and ETT<sup>™</sup> Practitioner for the Equine Rehabilitation Centre and Assistant Lecturer at BSET Academy. Focusing more on ETT<sup>™</sup> now and finding her passion within the thoroughbred and racing industry, she spends many hours prepping racehorses for South Africa's premier races. Birgit, who is an extremely accomplished ETT<sup>™</sup> Practitioner, has been a part of the preparations for seven Durban July winners. Birgit's passion for horses and her healing work has translated into many successes, and she is a sought-after ETT<sup>™</sup> Practitioner in the field.



## **MANDY HUNT - EKWOS Instructor (EKWOS is unique to BSET Academy)**

Mandy started at BSET Academy in 2016. Mandy teaches her unique EKWOS Programme, which is also known as Natural Horsemanship. Mandy has an innate ability to solve behavioural problems in horses, and she teaches these skills to the students to ensure that they are better equipped when training, healing, and working with horses. Mandy's expertise also lies in building a bond between the horse and rider; whether it be from the backing stage or working through issues further along the way, her patience and understanding with both horses and humans have led to great success in this healing and behavioural space.



## BSET Academy is affiliated with

**IAAMB (The International Association of Animal Massage and Bodywork):** The IAAMB was founded as a forum for animal massage and bodywork professionals to network and support each other. IAAMB members share a common goal of advancing the field of animal massage and bodywork. The IAAMB encourages dialog among the schools and schools of thought within the field of animal massage and bodywork.



**CEEPSA (The Council of Equine and Equestrian Professionals of South Africa):** CEEPSA is the Professional Body for the Equine and Equestrian industry. CEEPSA is a non-profit Company to look after the interests of its members, all equines and members of the public within the equine and equestrian industry. BSET Academy and its staff members are all registered with CEEPSA





## Stabling Facilities and Livery

Students are welcome to bring their own horse, we have an American-style barn with 18 stables and comfortable turnout in grass camps, a spacious 100m x 100m grass arena, sand lunge ring and picturesque hacking. Students livery is charged at cost and covers stabling, feed and hay. All veterinary and farrier costs are for the student's expense.



## Accomodation

We are based in South Africa, a beautiful country offering the adventure of a lifetime! BSET Academy is in the picturesque Karkloof, Howick area of KwaZulu-Natal. Close to airports, restaurants, shops, beaches, wildlife, and a wide variety of other entertainment.



South Africa is known for the wonderful moderate climate, lots of sun with a shorter winter which is dry and sunny but has cold nights and frosty mornings. A mild climate allows equine activities all year. A quick weekend away can be enjoyed on the Durban beach or in the Underberg mountains.



You will live on campus and share a fully furnished house, making memories and lifelong friendships. Each student has their own bedroom, a shared kitchen, and a living area. A cooked breakfast during the week and self-catering facilities are provided. Enjoy a cool swim in the pool after a long day and enjoy the sunset!

Washing, laundry, and daily housekeeping are taken care of for you.



# Application Requirements

BSET Academy applicants require a National Senior Certificate (Matric or NQF Level) or an equivalent qualification and preferably intermediate riding experience. Applicants will be required to submit two riding references as well as a motivational essay.

Please request an application form should you wish to apply. BSET Academy recommends student applicants visit BSET Academy for a two-day interview visit. On completion of the course: Fundamental Equine Practices (FEP), provided graduating requirements are met, students will receive the following certificates:

- First Aid Level 1
- CATHSSETA Equine Practices 71469 (Issued by CATHSSETA)
- EQASA 1, 2 and 3 (Issued by EQASA)
- EKWOS 1 and 2 (Issued by Mandy Hunt)
- SUMCHI 1 and 2 (Issued by BSET Academy)

# For more information

Please visit our website [www.bsetacademy.co.za](http://www.bsetacademy.co.za)

Or email: [learn@bsetacademy.co.za](mailto:learn@bsetacademy.co.za)

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Follow us to see what  
we are up to!

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#BethShawEquine  
#BethShawatBSET

